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This listing of claims will replace all prior versions, and listings, of claims in the application:

Listing of Claims:

- 1. A cap comprising:
 - a body having a front portion, a back portion, side portions, and a lower peripheral edge, wherein the back portion includes an inverted U-shaped opening;
 - a sweatband coupled to the lower peripheral edge, wherein the sweatband includes an elastomeric section;
 - a visor obliquely coupled to a substantial portion of the lower peripheral edge to thereby generally circumscribe the lower peripheral edge, the visor having a generally oval perimeter; and
 - a first ribbon and a second ribbon coupled to opposite ends of the inverted U-shaped opening.
- 2. The cap of claim 1 wherein the body comprises a plurality of gores.
- 3. The cap of claim 2 wherein the body comprises six gores.
- 4. The cap of claim 1 wherein the elastomeric section of the sweatband spans the inverted U-shaped opening.
- 5. The cap of claim 2 wherein the visor, the first ribbon, and the second ribbon

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have a same color.

- 6. The cap of claim 1 wherein the body is formed from unilaterally stretchable fabric.
- 7. The cap of claim 1 wherein the body is formed from multi-axially stretchable fabric.
 - 8. A cap comprising:
 - a plurality of gores defining a body having a lower peripheral edge, wherein the body includes a passageway sized to hold a ponytail;
 - a sweatband having an elastomeric section, wherein the elastomeric section of the sweatband spans the passageway;
 - a first ribbon and a second ribbon coupled to the body adjacent to the passageway; and
 - a visor obliquely coupled to the body, wherein the visor is generally oval-shaped and generally circumscribes the lower peripheral edge.
 - 9. The cap of claim 8 wherein six gores define the body.
- 10. The cap of claim 8 wherein wherein the visor, the first ribbon, and the second ribbon have a same color.

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- The cap of claim 8 wherein the body is formed from unilaterally stretchable fabric.
- 12. The cap of claim 8 wherein the body is formed from multi-axially stretchable fabric.
 - 13. A cap comprising:

six gores defining a body having a lower peripheral edge;

an inverted U-shaped opening positioned along the lower peripheral edge of the body;

- a sweatband having an elastomeric section, wherein the elastomeric section of the sweatband spans the inverted U-shaped opening;
- a first ribbon and a second ribbon coupled to opposite ends of the inverted U-shaped opening; and
- a visor has having a generally eircular oval outer radius and a U shaped recess, wherein U shaped recess is obliquely coupled to the lower peripheral edge of the body, the visor generally circumscribing the lower peripheral edge.
- 14. The cap of claim 13 wherein the visor, the first ribbon, and the second ribbon have a same color.
- 15. The cap of claim 14 wherein the body is formed from unilaterally stretchable

fabric.

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16. The cap of claim 13 wherein the body is formed from multi-axially stretchable